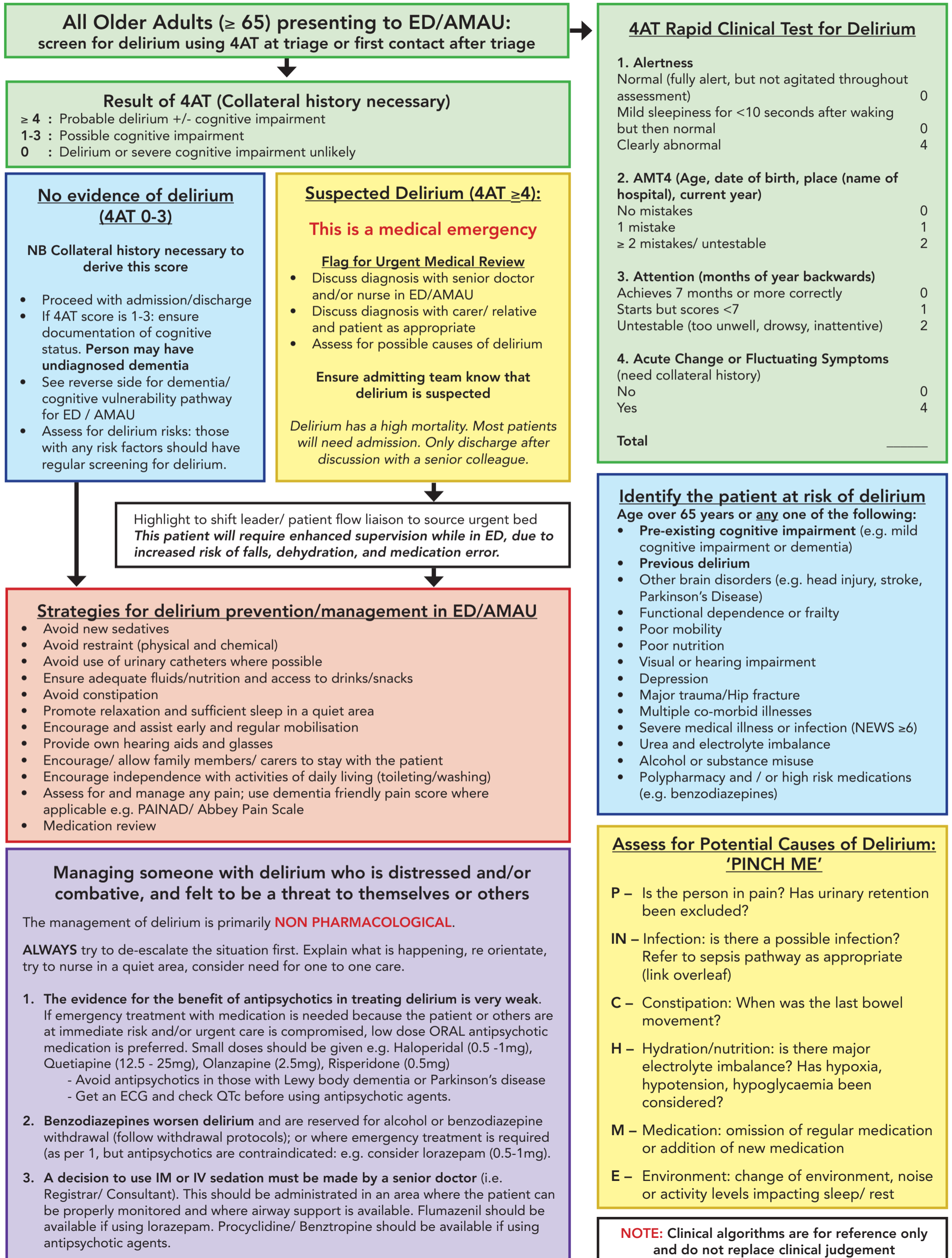


# Early Identification and Management of Delirium in the Emergency Department/ Acute Medical Assessment Unit

This algorithm is for use only in adults, and is not intended for delirium due to alcohol or drug intoxication/ withdrawal.

DELIRIUM is an acute change in cognitive function that has an organic cause and is likely to be reversible or preventable.



## 4AT Rapid Clinical Test for Delirium

<b>1. Alertness</b>	
Normal (fully alert, but not agitated throughout assessment)	0
Mild sleepiness for <10 seconds after waking but then normal	0
Clearly abnormal	4
<b>2. AMT4 (Age, date of birth, place (name of hospital), current year)</b>	
No mistakes	0
1 mistake	1
≥ 2 mistakes/ untestable	2
<b>3. Attention (months of year backwards)</b>	
Achieves 7 months or more correctly	0
Starts but scores <7	1
Untestable (too unwell, drowsy, inattentive)	2
<b>4. Acute Change or Fluctuating Symptoms (need collateral history)</b>	
No	0
Yes	4
<b>Total</b>	_____